## Nutrition Associate of Science



Semester 1				
Course Number	Course Name	Credits	Milestone	Completed
ENGL 1200‡/1201	Gateway College Writing/College Writing I	4	Yes	
MATH 1150	College Algebra	3	Yes	

Total Credits:

Semester 2				
Course Number	Course Name	Credits	Milestone	Completed
ENGL 1202	College Writing II	2		
BIOL 1001	Biology I	4		

Total Credits: 6

Semester 3				
Course Number	Course Name	Credits	Milestone	Completed
COMM 1010	Fundamentals of Public Speaking	3		
MATH 1130	Elementary Statistics	3		
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Total Credits: 6

Semester 4				
Course Number	Course Name	Credits	Milestone	Completed
SOC 1110	Introduction to Sociology	3		
HLTH 1070	Principles of Nutrition	3		
		Total Credits: 6		

Semester 5				
Course Number	Course Name	Credits	Milestone	Completed
CHEM 1061	Principles of Chemistry I	4		
PSYC 1150	General Psychology	3		

Total Credits:

Semester 6				
Course Number	Course Name	Credits	Milestone	Completed
CHEM 1062 or BIOL 2111	Principles of Chemistry II or Human Anatomy & Physiology I (see helpful hints)	4		
HLTH 2070/2090 🍀	Socio-Cultural Aspects of Nutrition/Life Cycle Nutriti	on 3		

Total Credits:

(Semester 7 continues on the next page)



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## **Helpful Hints**

‡ ENGL0990 must be taken at the same time as ENGL1200

When choosing between Anatomy and Physiology or Principles of Chemistry/Organic Chemistry, consider transfer institution preference

## **Program Electives based on Transfer**

Institution (7 credits total):

ENGL 1940 Technical Writing \*HLTH 1000 Mindfulness (2 credits)

HLTH 1010 Health Terminology 🛊

HLTH 1030 Personal and Community Health HLTH 1040 Current Health Issues

HLTH 1050 Stress Management

HLTH 1080 Consumer Health

HLTH 2040 Theory and Foundations in Health\*

EXSC 1010 Physical Fitness (2 credits)

Fall Only: ENGL 1940, HLTH 1010, 1080
Offered Every Other Fall: HLTH 2040 (even years)

\*Offered Every Other Spring: HLTH 2070 (odd years), 2090 (even years)

Must continue on to get Bachelor's and Master's degree in order to be a Registered Dietitian.

Semester 7				
Course Number	Course Name	Credits	Milestone	Completed
COMM 1310	Intercultural Communication	3		
Program Elective	Choose course from program electives in helpful hints	s 3	·	

Total Credits: 6

Semester 8				
Course Number	Course Name	Credits	Milestone	Completed
CHEM 2061 or BIOL 2112	Organic Chemistry I or Human Anatomy & Physiology II (see helpful hints)	4	Yes	
HLTH 2070/2090 🍀	Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition	n 3		

Total Credits: 7

Semester 9				
Course Number	Course Name	Credits	Milestone	Completed
BIOL 2100	Microbiology	4	Yes	
Program Electives	Choose course from program electives in helpful hints	4		

Total Credits: 8





**Disclaimer**: This roadmap represents one possible pathway through the program, so please make an appointment with your Academic Advisor to create an education plan that is customized to meet your needs. This information subject to change.

Leaf/Dagger (†) means the class is only offered Fall semester. Flower/Asterisk (\*) means the class is only offered Spring Semester.

Double Dagger (‡) means the course has a corequisite that must be taken at the same time.