Nutrition Associate of Science



A member of Minnesota State



Semester 1				
Course Number	Course Name	Credits	Milestone	Completed
ENGL 1200‡/1201	Gateway College Writing/College Writing I	4	Yes	
MATH 1150	College Algebra	3	Yes	
BIOL 1001	Biology I	4	Yes	
HLTH 1070	Nutrition	3		

Total Credits: 14

Semester 2				
Course Number	Course Name	Credits	Milestone	Completed
ENGL 1202	College Writing II	2		
CHEM 1061	Principles of Chemistry I	4		
PSYC 1150	General Psychology	3		
HLTH 2070/2090 🍀	Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition	n 3		
COMM 1010	Fundamentals of Public Speaking	3		

Total Credits: 15

Semester 3				
Course Number	Course Name	Credits	Milestone	Completed
MATH 1130	Elementary Statistics	3		
CHEM 1062 or BIOL 2111	Principles of Chemistry II or Human Anatomy & Physiology I	4		
COMM 1310	Intercultural Communication	3		
SOC 1110	Introduction to Sociology	3		
Program Electives	Choose course from program electives in helpful hints	3		

Total Credits: 16

Semester 4				
Course Number	Course Name	Credits	Milestone	Completed
BIOI 2100	Microbiology	4		
CHEM 2061 or BIOL 2112	Organic Chemistry I or Human Anatomy & Physiology	4		
HLTH 2070/2090 🍀	Socio-Cultural Aspects of Nutrition/Life Cycle Nutrition	n 3		
Program Electives	Choose course from program electives in helpful hints	4		

Total Credits: 15





Helpful Hints

‡ ENGL0990 must be taken at the same time as ENGL1200

When choosing between Anatomy and Physiology or Principles of Chemistry/Organic Chemistry, consider transfer institution preference

Program Electives based on Transfer

Institution (7 credits total): ENGL 1940 Technical Writing

HLTH 1000 Mindfulness (2 credits) HLTH 1010 Health Terminology

HLTH 1030 Personal and Community Health

HLTH 1040 Current Health Issues HLTH 1050 Stress Management

HLTH 1080 Consumer Health

HLTH 2040 Theory and Foundations in Health*

EXSC 1010 Physical Fitness (2 credits)

Fall Only: ENGL 1940, HLTH 1010, 1080
Offered Every Other Fall: HLTH 2040 (even years)

*Offered Every Other Spring: HLTH 2070 (odd years), 2090 (even years)

Must continue on to get Bachelor's and Master's degree in order to be a Registered Dietitian.



Disclaimer: This roadmap represents one possible pathway through the program, so please make an appointment with your Academic Advisor to create an education plan that is customized to meet your needs. This information subject to change.