



Community  
Connections

NORTH HENNEPIN COMMUNITY COLLEGE

763-424-0845 MN Relay: 1800 818-0395

***YOUR ON CAMPUS CONNECTION TO RESOURCES  
IN THE COMMUNITY”.***

***A Crisis can be defined as a situation where we are beyond our resources to cope or deal with the situation.***

***In these cases, it is important to reach out to get the information and support needed to be able to deal with the crisis so that it doesn't affect other areas of our life. The resources in the this brochure can help you when you find yourself in a crisis.***

***Counselors are available in the ES Building on a walk in basis to assist students experiencing a crisis.***

***North Hennepin Community College Community Connections does not assume responsibility for the quality of services provided by outside agencies or websites listed above. Inclusion on the list does not imply endorsement nor does omission indicate disapproval. This information can be made available in alternate formats by contacting the Access Services Office at 763-493-0555 or by TTY at 763-493-0558***

## ***CRISIS SUPPORT***

## ***RESOURCES***



**If you have an  
emergency, always**

**CALL  
9-1-1**

# HELPFUL RESOURCES

## CRISIS CONNECTION:

### 24-HOUR CRISIS HOT LINE VIA CANVAS HEALTH

**612-379-6363 24/7 phone services**

866-379-6363 (toll free)

If walk-in isn't available other services are on:

<https://walkin.org/crisis-resources/>

## COPE- (COMMUNITY OUTREACH FOR PSYCHI- ATRIC EMERGENCIES)

[https://www.hennepin.us/residents/  
emergencies/mental-health-emergencies](https://www.hennepin.us/residents/emergencies/mental-health-emergencies)

**612-596-1223**

### Services include:

- emergency intervention 24/7
- COPE professional will go to the person in crisis and Provide clinical assessment
- Occurrence in Hennepin County—client does NOT need to reside in Hennepin County

## HENNEPIN COUNTY ACUTE PSYCHIATRIC CENTER

[https://www.hennepinhealthcare.org/  
specialty/psychiatry/](https://www.hennepinhealthcare.org/specialty/psychiatry/)

**612-873-3161 24/7**

**FOR ANOKA COUNTY:** 763-755-3801

## METROPOLITAN CRISIS NURSERY

24 HOURS CRISIS LINE:  
763-591-0100

[www.crisisnursery.org](http://www.crisisnursery.org)

### Services include:

- Parents/Guardians who find themselves in the midst of a crisis may call the crisis helpline any time, day or night.
- During that first call to the Crisis Nursery, the Family Advocate will assess the client's safety and can offer crisis counseling.
- In the event the parent/guardian schedules an intake to bring their children to the Crisis Nursery, the Family Advocate will help arrange transportation.

## SAVE SUICIDE VOICES OF EDUCATION

**952-946-7998**

8120 Penn Ave S # 470, Minneapolis, MN

<https://save.org/>

### Services Include

- Provides information for survivors.
- SAVE Does NOT provide suicide crisis intervention

## SEXUAL VIOLENCE CENTER

2021 East Hennepin Ave suite #418

Minneapolis, MN 55413

<https://www.sexualviolencecenter.org/>

612-871-5111 24/7 hotline

Services include:

- Individual, in-person counseling
- Crisis support in hospitals
- Support Groups
- Legal Advocacies

## UNITED WAY 2-1-1 CONNECT

<https://unitedwayhelps.org/home/2-1-1/>

Landlines Dial 2-1-1

Cell phones: 1-800-543-7709

- Free and confidential community help-line 24/7.

## FOR ON CAMPUS ASSISTANCE

*Contact the Counseling Office in the ES building or the Community Connections Resource Center located in the Campus Center or call 763-493-0485 and ask to meet with a Counselor.*